

# SHAW GUILD

A different kind of newsletter this month: how members of the Executive Committee are spending time during social distancing! We'd love to hear what you're doing too, so if you would like to share your story and photos on this site, please send to [info@shawguild.ca](mailto:info@shawguild.ca).

Hope to hear from you, even if it's only to say hello!



## A Video Message from Laurie Harley, President, Shaw Guild

Your comments and questions are welcomed at [president@shawguild.ca](mailto:president@shawguild.ca)

### Treasurer Joe Allevalo is cooking! Here are a couple of recipes . . .

#### Orecchiette, Sausage and Broccoli Soup



1. To a large stockpot add 8 cups of **chicken stock**. **Red pepper flakes** are optional. Bring to a boil and simmer for 20 minutes.
2. In a frying pan, sauté **1 pound of Italian sausages**, pierced, for 15-20 minutes. Drain. Cut into 3/8-inch rounds.
3. Bring salted water in a large pot to a boil and cook 12 oz. of **orecchiette or other pasta**, al dente.
4. To the chicken stock add the sausage and 1.5 pounds of bite-sized **broccoli**. Add trimmed and diced stems as well. Add **salt and pepper** to taste.
5. The soup only needs to be cooked for a few minutes to keep the broccoli a bright green.

#### Braised Potatoes with Pancetta and Celery



1. Preheat the oven to 400F.
2. Cut **2 pounds of potatoes** into large chunks. If necessary, peel the potatoes.
3. To a casserole or braising dish, add **4 tablespoons of EVOO** (extra virgin olive oil).
4. Add the potatoes, **3 celery** stalks, diced, and 2.5 oz. of pancetta, diced, 1 cup of **beef stock**.
5. Bake for 60 minutes. Baste every 15 minutes.
6. Serve with **chopped celery leaves and fresh pepper**.

Thick bacon can be used instead of pancetta but remove much of the fat from the bacon.

Check for salt since beef stock maybe salty.

**Buon appetito!**

#### Gardens Chair Paddy Parr is . . .

Wondering what to do with the corned beef broth after St. Paddy's Day. How about **PPPea Soup!** Two things that make my pea soup unique...



- 1) **corned beef broth;**
- 2) **smoked turkey leg rather than ham.**

Other than that, the traditional carrots, onions, celery, green split peas, 6 cups broth all in the slow cooker!!! **Yummy!**



### Guild Secretary Mary Mizen . . .

As an **avid knitter** (some would say obsessed), I have more than enough yarn in my stash to **keep knitting 2 weeks, 2 months and probably more!**

Keep your distance, wash your hands and stay healthy!



### Activities Chair Brenda Weafer . . .



While recovering from shoulder surgery, I decided to **work on my painting**. It is a good thing the right arm works!

I've been taking lessons and doing pottery and painting in the last couple of years. Started with acrylics and brush. Lately I have been working with a local artist and using a palette knife and oils which I really enjoy.

I took the photograph I'm using as a reference for the piece (left) on the **Niagara River Parkway** just down the street from Shaw. The painting at right is an **old mill at Balls Falls**.



### MVP Chair Kim Mustill . . .



Went to a mushroom farm just outside of Lowville and filled 11 bags of compost or poop!

If that doesn't keep me socially distant, I don't know what does 😊

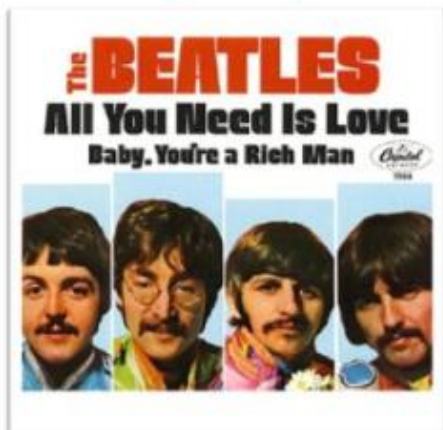


**Docent Chair Arlene Carson is catching up on . . .**



Garden prep, household chores and enjoying fresh air with a couple of friends.

**Vice President Alan Walker is adapting titles of Beatles' songs to respond to the current situation . . .**



- All You Need is Gloves
- Let it Be . . .GONE
- Get Back!
- Can't Buy Me Gloves (or Masks)

**Alan also recommends:** If you find you have some spare time, (and are suffering "buyer's remorse" for the amount of bathroom tissue acquired during the COVID19 crisis) you can try **Origami**. ([YouTube video](#))

**Communications Chair Cheryl Morris took a walk along Niagara Shores . . .**



Fundraising Chair Suzanne Hebert is balancing activities of body and mind . . .



Hosting Chair Greg Fedoryn is remembering . . .



*The Times  
They Are  
a-Changin'*



**Greg Fedoryn**

1971  
- Rock Star Guitarist

2020  
- Couch Potato Guitarist

The Times They Are a – Changin'  
In 1964 Bob Dylan wrote  
"Your old road is rapidly aging  
Please get outa' the new one  
if you can't lend your hand  
For times they are a – changin'"

1971 - Rock Star Guitarist - very fit, with great hair flow, wire-rim glasses, cool moustache, awesome shirt, and top of my game guitar playing skills  
2020 - Couch Potato Guitarist - with paunch, thinning silver grey hair, and the great need to practice! I'm trying to rebuild the callouses on the fingers of my playing hand. Wish me luck.

I am currently in self - imposed 14 day quarantine until March 23.  
In the interim I have picked up my old electric guitar after years of neglect.  
Once out of quarantine I plan to "lend a hand" in the Community to assist in overcoming the challenges presented by Covid-19.

Greg Fedoryn, Host Chair



**Membership Chair Susan MacDonald is trying to teach her dog Emily to "Come" on command . . .**



(Sigh) Still work in progress, but when she obeys . . . Magic!

**Greeter Chair Marg Mather and co-pilot John Mather send this:**

As the Greeters know, we are wimps and left NOTL in December to avoid the cold and snow.

What are we doing now . . . **Trying to get home!!**

We are being careful, always washing hands, using lots of Purell (**NO, we are NOT hoarders** but did get a supply), wiping down everything with sanitizer wipes, taking our temperatures morning and night, eating lunch in the car (thank goodness for the cooler) and packaged dinners in our hotel rooms. We're practicing social distancing (only see the hotels' Desk Clerks)

**AND we're self-isolating . . . in the car!**

On our drive, we have encountered a snow storm (many would say "serves you right") . . . and do you know where? Any guesses? The answer is . . . Arizona!

**Stay safe and healthy everyone!**



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**The Town of Niagara-on-the-Lake . . .**

is doing a great job of keeping residents up to date about various safety measures and community guidelines. [Watch Lord Mayor Disero's video message to the community here.](#)

[Here is a link to Frequently Asked Questions - listed on the Town's website.](#)

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**In Memoriam: Paul Hancock**



Shaw Guild member Paul Hancock passed away in the early morning on Wednesday, March 18, 2020 in his 72nd year after a 22-month long fight with cancer. Loving husband of 48 years to Valerie (nee Maniscole), and devoted father to Ainslie.

[To view Paul's obituary, click here.](#)